



# LITTLE DREAMERS CHILDCARE CENTER

## FEBRUARY 2019 (Breakfast & Lunch)



<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
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During this season of LOVE, focus on loving more than just those closest to you;  
LOVE everyone!

The one thing we can never get enough of is LOVE  
Yet the one thing we never give enough of is LOVE

*Happy Valentine's Day*

**BREAKFAST**

Cornflake Cereal/ Banana

Whole / 1% Milk

**LUNCH**

Ham on Wheat Bread

Mixed Vegetables

Diced Pears

Whole / 1% Milk

*Goldfish/Yogurt**Milk, Variety**Graham Crackers**Milk, Variety*

1

4

**BREAKFAST**

Banana Muffins / Diced Pears

Whole / 1% Milk

**LUNCH**

Smothered Pork Chops

Cabbage Greens

Pineapples / Cornbread

Whole / 1% Milk

*Club Crackers**100% Pineapple Juice**Ritz Crackers**Milk, Variety*

5

**BREAKFAST**

Southern Grits / Peaches

Whole / 1% Milk

**LUNCH**

Spaghetti w/Beef

Spinach Salad w Italian

Garlic Toast / Mixed Fruit

Whole / 1% Milk

*Whole Grain Graham Crackers**Whole / 1% Milk**Goldfish Crackers**Milk, Variety*

6

**BREAKFAST**

Hash brown / Applesauce

Whole / 1% Milk

**LUNCH**

Baked Chicken w/Brown Rice

Mixed Vegetable Medley

Fruit Cocktail / Roll

Whole / 1% Milk

*Wheat Thins/Yogurt**Milk, Variety**Teddy Graham Crackers**Milk, Variety*

7

**BREAKFAST**

French Toast / Pineapples

Whole / 1% Milk

**LUNCH**

Smoked Turkey on Wheat

Fresh Sweet Potatoes

Fresh Orange Slice

Whole / 1% Milk

*Goldfish Crackers**100% Apple Juice**Saltine Crackers**Milk, Variety*

8

**BREAKFAST**

Waffles / Mandarin Oranges

Whole / 1% Milk

**LUNCH**

Boneless BBQ Chicken

Mexican Corn

Pineapples / Roll

Whole / 1% Milk

*Vanilla Wafers/Sliced Apples**Milk, Variety**Graham Crackers**Milk, Variety*

11

**BREAKFAST**

Cornflake Cereal/Banana

Whole / 1% Milk

**LUNCH**

Sloppy Joe Sandwich

Baked Tater Tots

Frozen Peaches

Whole / 1% Milk

*Whole Grain Cheezits**100% Apple Juice**Whole Wheat Crackers**Milk, Variety*

12

**BREAKFAST**

French Toast / Pears

Whole / 1% Milk

**LUNCH**

Chicken &amp; Sausage Gumbo

Baked Sweet Potatoes

Brown Rice / Diced Pears

Whole / 1% Milk

*Whole Grain Animal Crackers**Whole / 1% Milk**Vanilla Wafers**Milk, Variety*

13

**BREAKFAST**

Pancakes / Grapefruit

Whole / 1% Milk

**LUNCH**

Chicken Tetrazzini

Seasoned Green Beans

Diced Pears / Wheat Roll

Whole / 1% Milk

*Ritz Crackers**100% Apple Juice**Goldfish Crackers**Milk, Variety*

14

**BREAKFAST**

Cheerios / Fresh Oranges

Whole / 1% Milk

**LUNCH**

Baked Picnic Roast

Turnip Greens / Cornbread

Pineapple Tidbits

Whole / 1% Milk

*Cheez-It Snack/String Cheese**Milk, Variety**Non-Saltine Crackers**Milk, Variety*

15

**BREAKFAST**

Grilled Cheese / Peaches

Whole / 1% Milk

**LUNCH**

Ham on Wheat Bread

Broccoli Floret

Diced Pears

Whole / 1% Milk

*Cinnamon Goldfish/Yogurt**Milk, Variety**Saltine Crackers**Milk, Variety*

18

**BREAKFAST**

Banana Muffins / Diced Pears

Whole / 1% Milk

**LUNCH**

Smothered Pork Chops

Cabbage Greens

Pineapples / Cornbread

Whole / 1% Milk

*Club Crackers**100% Pineapple Juice**Ritz Cracker,**Milk, Variety*

19

**BREAKFAST**

Southern Grits / Peaches

Whole / 1% Milk

**LUNCH**

Spaghetti w/Beef

Spinach Salad w Italian

Garlic Toast / Mixed Fruit

Whole / 1% Milk

*Whole Grain Graham Crackers**Whole / 1% Milk**Goldfish Crackers**Milk, Variety*

20

**BREAKFAST**

Hash brown / Applesauce

Whole / 1% Milk

**LUNCH**

Baked Chicken w/Brown Rice

Mixed Vegetable Medley

Fruit Cocktail / Roll

Whole / 1% Milk

*Wheat Thins/Yogurt**Milk, Variety**Teddy Graham Crackers**Milk, Variety*

21

**BREAKFAST**

French Toast / Pineapples

Whole / 1% Milk

**LUNCH**

Smoked Turkey on Wheat

Fresh Sweet Potatoes

Fresh Orange Slice

Whole / 1% Milk

*Goldfish Crackers**100% Apple Juice**Saltine Crackers**Milk, Variety*

22

**BREAKFAST**

Waffles / Mandarin Oranges

Whole / 1% Milk

**LUNCH**

Boneless BBQ Chicken

Mexican Corn

Pineapples / Roll

Whole / 1% Milk

*Vanilla Wafers/Sliced Apples**Milk, Variety**Graham Crackers**Milk, Variety*

25

**BREAKFAST**

Cornflake Cereal/Banana

Whole / 1% Milk

**LUNCH**

Sloppy Joe Sandwich

Baked Tater Tots

Frozen Peaches

Whole / 1% Milk

26

**BREAKFAST**

French Toast / Pears

Whole / 1% Milk

**LUNCH**

Chicken &amp; Sausage Gumbo

Baked Sweet Potatoes

Brown Rice / Diced Pears

Whole / 1% Milk

*Whole Grain Animal Crackers**Whole / 1% Milk**Vanilla Wafers**Milk, Variety*

27

**BREAKFAST**

Pancakes / Grapefruit

Whole / 1% Milk

**LUNCH**

Chicken Tetrazzini

Seasoned Green Beans

Diced Pears / Wheat Roll

Whole / 1% Milk

*Ritz Crackers**100% Apple Juice**Goldfish Crackers**Milk, Variety*

28

**BREAKFAST**

Cheerios / Fresh Oranges

Whole / 1% Milk

**LUNCH**

Baked Picnic Roast

Turnip Greens / Cornbread

Pineapple Tidbits

Whole / 1% Milk

*Cheezits-It Snack/String Cheese**Milk, Variety**Non-Saltine Crackers**Milk, Variety*