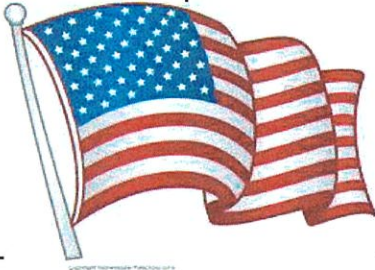





LITTLE DREAMERS CHILDCARE CENTER

JULY 2021 (Breakfast & Lunch)



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|
|  | | | BREAKFAST Cheese Toast / Blueberries Milk LUNCH Ground Beef Casserole Kernel Corn / Garlic Toast Mandarin Oranges Milk | BREAKFAST Grits / Peaches Milk LUNCH Ham on Honey Wheat Mixed Vegetables Watermelon Chunks Milk |
| | | | <i>Wheat Thins / String Cheese</i> Milk, Water <i>Saltine Crackers</i> Milk, Water | <i>Whole Grain Animal Crackers</i> Milk, Water <i>Ritz Crackers</i> Milk, Water |
|  <p>Little Dreamers closed</p> | BREAKFAST Hashbrown / Peaches Milk LUNCH Chicken w/Bowtie Pasta Broccoli Florets Pineapple Tidbits Milk | BREAKFAST Oatmeal / Mixed Fruit Milk LUNCH Lemon Pepper Chicken Brown Rice Sweet Peas Cantaloupe Slices Milk | BREAKFAST Waffles / Pineapples Milk LUNCH Boneless BBQ Chicken Mashed Potatoes/Corn Fruit Cocktail / Roll Milk | BREAKFAST Cornflakes / Oranges Milk LUNCH Roasted Turkey on Wheat Sweet Potato Fries Sliced Peaches Milk |
| | <i>WG Cheezits Crackers</i> 100% Apple Juice, Water Graham Crackers Milk, Water | <i>Goldfish Snack Crackers</i> 100% Pineapple Juice, Water Teddy Graham Crackers Milk, Water | <i>Banana Muffin</i> Milk, Water <i>Saltine Crackers</i> Milk, Water | <i>Cheezits / Yogurt</i> Milk, Water Graham Crackers Milk, Water |
| BREAKFAST Blueberry Muffin / Grapefruit Milk LUNCH Sloppy Joe on Wheat Bun Baked Fries / Baked Beans Pineapple Tidbits Milk | BREAKFAST French Toast / Mixed Fruit Milk LUNCH Baked Chicken Nuggets Mashed Potatoes Diced Peaches Milk | BREAKFAST Cheerios / Pears Milk LUNCH Baked Chicken Thighs Turnip Greens / Cornbread Pineapple Tidbits Milk | BREAKFAST Cheese Toast / Blueberries Milk LUNCH Ground Beef Casserole Kernel Corn / Garlic Toast Mandarin Oranges Milk | BREAKFAST Grits / Peaches Milk LUNCH Ham on Honey Wheat Mixed Vegetables Watermelon Chunks Milk |
| <i>Goldfish Snack Crackers</i> 100% Pineapple Juice, Water Graham Crackers Milk, Water | <i>1/2 Turkey Sandwich</i> Milk, Water <i>Ritz Crackers</i> Milk, Water | <i>Teddy Graham Crackers</i> Milk, Water <i>Non-Saltine Crackers</i> Milk, Water | <i>Wheat Thins / String Cheese</i> Milk, Water <i>Saltine Crackers</i> Milk, Water | <i>Whole Grain Animal Crackers</i> Milk, Water <i>Ritz Crackers</i> Milk, Water |
| BREAKFAST Banana Muffins / Diced Pears Milk LUNCH Salisbury Steak & Gravy Mashed Potatoes / Corn Diced Pears / Roll Milk | BREAKFAST Hashbrown / Peaches Milk LUNCH Chicken w/Bowtie Pasta Broccoli Florets Pineapple Tidbits Milk | BREAKFAST Oatmeal / Mixed Fruit Milk LUNCH Lemon Pepper Chicken Brown Rice Sweet Peas Cantaloupe Slices Milk | BREAKFAST Waffles / Pineapples Milk LUNCH Boneless BBQ Chicken Mashed Potatoes/Corn Fruit Cocktail / Roll Milk | BREAKFAST Cornflakes / Oranges Milk LUNCH Roasted Turkey on Wheat Sweet Potato Fries Sliced Peaches Milk |
| <i>Townhouse Crackers</i> 100% Pineapple Juice, Water Ritz Crackers Milk, Variety | <i>WG Cheezits Crackers</i> 100% Apple Juice, Water Graham Crackers Milk, Water | <i>Goldfish Snack Crackers</i> 100% Pineapple Juice, Water Teddy Graham Crackers Milk, Water | <i>Banana Muffin</i> Milk, Water <i>Saltine Crackers</i> Milk, Water | <i>Cheezits / Yogurt</i> Milk, Water Graham Crackers Milk, Water |
| BREAKFAST Blueberry Muffin / Grapefruit Milk LUNCH Sloppy Joe on Wheat Bun Baked Fries / Baked Beans Pineapple Tidbits Milk | BREAKFAST French Toast / Mixed Fruit Milk LUNCH Baked Chicken Nuggets Mashed Potatoes Diced Peaches Milk | BREAKFAST Cheerios / Pears Milk LUNCH Baked Chicken Thighs Turnip Greens / Cornbread Pineapple Tidbits Milk | BREAKFAST Cheese Toast / Blueberries Milk LUNCH Ground Beef Casserole Kernel Corn / Garlic Toast Mandarin Oranges Milk | BREAKFAST Grits / Peaches Milk LUNCH Ham on Honey Wheat Mixed Vegetables Watermelon Chunks Milk |
| <i>Goldfish Snack Crackers</i> 100% Pineapple Juice, Water Graham Crackers Milk, Water | <i>1/2 Turkey Sandwich</i> Milk, Water <i>Ritz Crackers</i> Milk, Water | <i>Teddy Graham Crackers</i> Milk, Water <i>Non-Saltine Crackers</i> Milk, Water | <i>Wheat Thins / String Cheese</i> Milk, Water <i>Saltine Crackers</i> Milk, Water | <i>Whole Grain Animal Crackers</i> Milk, Water <i>Ritz Crackers</i> Milk, Water |