



# LITTLE DREAMERS CHILDCARE CENTER

## JULY 2020 (Breakfast & Lunch)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <b>BREAKFAST</b> Blueberry Muffins / Oranges Whole / 1% Milk <b>LUNCH</b> Baked Chicken Nuggets Mixed Veggies / Roll Sliced Grapefruit Whole / 1% Milk <i>Cheez-its / Yogurt Milk, Variety Goldfish Crackers Milk, Variety</i>	2 <b>BREAKFAST</b> Cheese Toast / Applesauce Whole / 1% Milk <b>LUNCH</b> Honey Ham on Wheat Broccoli Spears Diced Pears Whole / 1% Milk <i>Ritz Crackers 100% Pineapple Juice Goldfish Crackers Milk, Variety</i>	3  <b>LITTLE DREAMERS CLOSED FOR JULY 4TH HOLIDAY</b>
6 <b>BREAKFAST</b> Oatmeal / Mixed Fruit Whole / 1% Milk <b>LUNCH</b> Sheppard Pie Whole Wheat Roll Fresh Grapefruit Whole / 1% Milk <i>Cheez-It Snack Crackers 100% Apple Juice Ritz Crackers Milk, Variety</i>	7 <b>BREAKFAST</b> Waffles / Peaches Whole / 1% Milk <b>LUNCH</b> Smothered Pork Chops Cabbage Greens Pineapples / Combread Whole / 1% Milk <i>Animal Crackers Milk, Variety Ritz Crackers Milk, Variety</i>	8 <b>BREAKFAST</b> Pancakes / Applesauce Whole / 1% Milk <b>LUNCH</b> Teriyaki Chicken Broccoli Rice Casserole Diced Pears Whole / 1% Milk <i>Townhouse Crackers/Oranges Whole / 1% Milk Saltine Crackers Milk, Variety</i>	9 <b>BREAKFAST</b> Banana Muffin / Pineapples Whole / 1% Milk <b>LUNCH</b> Spaghetti w/Beef Seasoned Green Beans Fresh Orange Slices Whole / 1% Milk <i>Ritz Crackers / String Cheese Milk, Variety Graham Crackers Milk, Variety</i>	10 <b>BREAKFAST</b> Cheerios / Mixed Fruit Whole / 1% Milk <b>LUNCH</b> Roasted Turkey on Wheat Steamed Carrots Diced Pears Whole / 1% Milk <i>Goldfish Crackers 100% Pineapple Juice Goldfish Crackers Milk, Variety</i>
13 <b>BREAKFAST</b> Grits / Strawberries Whole / 1% Milk <b>LUNCH</b> Chicken Spaghetti Broccoli Spears Diced Peaches Whole / 1% Milk <i>Whole Grain Graham Crackers Whole / 1% Milk Saltine Crackers Milk, Variety</i>	14 <b>BREAKFAST</b> French Toast / Pears Whole / 1% Milk <b>LUNCH</b> Tender Pot Roast Turnip Greens / Combread Mixed Fruit Whole / 1% Milk <i>Goldfish Crackers 100% Apple Juice Townhouse Crackers Milk, Variety</i>	15 <b>BREAKFAST</b> Blueberry Muffins / Oranges Whole / 1% Milk <b>LUNCH</b> Baked Chicken Nuggets Baked Beans / Roll Sliced Grapefruit Whole / 1% Milk <i>Ritz Crackers 100% Pineapple Juice Goldfish Crackers Milk, Variety</i>	16 <b>BREAKFAST</b> Cheese Toast / Applesauce Whole / 1% Milk <b>LUNCH</b> Honey Ham on Wheat Baked Sweet Potato Diced Pears Whole / 1% Milk <i>Cheez-its / Yogurt Milk, Variety Goldfish Crackers Milk, Variety</i>	17 <b>BREAKFAST</b> Cornflakes / Pineapples Whole / 1% Milk <b>LUNCH</b> Ground Beef Casserole Mixed Vegetables Mixed Fruit Whole / 1% Milk <i>Banana Muffin Whole / 1% Milk Ritz Crackers Milk, Variety</i>
20 <b>BREAKFAST</b> Oatmeal / Mixed Fruit Whole / 1% Milk <b>LUNCH</b> Sheppard Pie Whole Wheat Roll Fresh Grapefruit Whole / 1% Milk <i>Cheez-It Snack Crackers 100% Apple Juice Ritz Crackers Milk, Variety</i>	21 <b>BREAKFAST</b> Waffles / Peaches Whole / 1% Milk <b>LUNCH</b> Smothered Pork Chops Cabbage Greens Pineapples / Combread Whole / 1% Milk <i>Animal Crackers Milk, Variety Ritz Crackers Milk, Variety</i>	22 <b>BREAKFAST</b> Pancakes / Applesauce Whole / 1% Milk <b>LUNCH</b> Teriyaki Chicken Broccoli Rice Casserole Diced Pears Whole / 1% Milk <i>Townhouse Crackers/Oranges Whole / 1% Milk Saltine Crackers Milk, Variety</i>	23 <b>BREAKFAST</b> Banana Muffin / Pineapples Whole / 1% Milk <b>LUNCH</b> Spaghetti w/Beef Seasoned Green Beans Fresh Orange Slices Whole / 1% Milk <i>Ritz Crackers / String Cheese Milk, Variety Graham Crackers Milk, Variety</i>	24 <b>BREAKFAST</b> Cheerios / Mixed Fruit Whole / 1% Milk <b>LUNCH</b> Roasted Turkey on Wheat Steamed Carrots Diced Pears Whole / 1% Milk <i>Goldfish Crackers 100% Pineapple Juice Goldfish Crackers Milk, Variety</i>
27 <b>BREAKFAST</b> Grits / Strawberries Whole / 1% Milk <b>LUNCH</b> Chicken Spaghetti Broccoli Spears Diced Peaches Whole / 1% Milk <i>Whole Grain Graham Crackers Whole / 1% Milk Saltine Crackers Milk, Variety</i>	28 <b>BREAKFAST</b> French Toast / Pears Whole / 1% Milk <b>LUNCH</b> Tender Pot Roast Turnip Greens / Combread Mixed Fruit Whole / 1% Milk <i>Goldfish Crackers 100% Apple Juice Townhouse Crackers Milk, Variety</i>	29 <b>BREAKFAST</b> Blueberry Muffins / Oranges Whole / 1% Milk <b>LUNCH</b> Baked Chicken Nuggets Baked Beans / Roll Sliced Grapefruit Whole / 1% Milk <i>Ritz Crackers 100% Pineapple Juice Goldfish Crackers Milk, Variety</i>	30 <b>BREAKFAST</b> Cheese Toast / Applesauce Whole / 1% Milk <b>LUNCH</b> Honey Ham on Wheat Baked Sweet Potato Diced Pears Whole / 1% Milk <i>Cheez-its / Yogurt Milk, Variety Goldfish Crackers Milk, Variety</i>	31 <b>BREAKFAST</b> Cornflakes / Pineapples Whole / 1% Milk <b>LUNCH</b> Ground Beef Casserole Mixed Vegetables Mixed Fruit Whole / 1% Milk <i>Banana Muffin Whole / 1% Milk Ritz Crackers Milk, Variety</i>