



# LITTLE DREAMERS CHILDCARE CENTER

## AUGUST 2020 (Breakfast & Lunch)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b> Cheerios / Diced Pears Whole / 1% Milk <b>LUNCH</b> Salisbury Steak Mashed Potatoes / Corn Pineapples / Wheat Roll Whole / 1% Milk	<b>BREAKFAST</b> Hashbrowns / Peaches Whole / 1% Milk <b>LUNCH</b> Spaghetti w/Beef Romaine Salad w/ Italian Mixed Fruit Whole / 1% Milk	<b>BREAKFAST</b> Cheese Toast / Grapefruit Whole / 1% Milk <b>LUNCH</b> Alfredo Chicken w/Pasta Steamed Carrots Fresh Orange Whole / 1% Milk	<b>BREAKFAST</b> Pancakes / Pineapples Whole / 1% Milk <b>LUNCH</b> Ground Beef Casserole Mixed Vegetables Fruit Cocktail Whole / 1% Milk	<b>BREAKFAST</b> Waffles / Mandarin Oranges Whole / 1% Milk <b>LUNCH</b> Honey Ham on Wheat Broccoli Florets Mixed Fruit Whole / 1% Milk
<i>Crackers / Watermelon Cubes</i> <i>Milk, Variety</i>	<i>WG Animal Crackers / Yogurt</i> <i>Milk, Variety</i>	<i>WG Cheezits Snack Crackers</i> <i>100% Apple Juice</i>	<i>Whole Wheat Graham Crackers</i> <i>Whole / 1% Milk</i>	<i>WG Goldfish Snack Crackers</i> <i>100% Pineapple Juice</i>
<i>Townhouse Crackers</i> <i>Milk, Variety</i>	<i>Ritz Crackers</i> <i>Milk, Variety</i>	<i>Saltine Crackers</i> <i>Milk, Variety</i>	<i>Non-Saltine Crackers</i> <i>Milk, Variety</i>	<i>ICE CREAM DAY</i>
<b>BREAKFAST</b> French Toast / Diced Pears Whole / 1% Milk <b>LUNCH</b> Baked Chicken Tenderloins Turnip Greens / Cornbread Pineapples / Cornbread Whole / 1% Milk	<b>BREAKFAST</b> Blueberry Muffins / Pears Whole / 1% Milk <b>LUNCH</b> Sloppy Joe Sandwich Baked Fries Mixed Fruit Whole / 1% Milk	<b>BREAKFAST</b> Cheerios / Grapefruit Whole / 1% Milk <b>LUNCH</b> Boston Butt Roast Baked Beans / Roll Fresh Oranges / Wheat Roll Whole / 1% Milk	<b>BREAKFAST</b> Pancakes / Pineapples Whole / 1% Milk <b>LUNCH</b> Turkey Sandwich on Wheat Baked Sweet Potatoes Fruit Cocktail / Roll Whole / 1% Milk	<b>BREAKFAST</b> Oatmeal / Mandarin Oranges Whole / 1% Milk <b>LUNCH</b> Sliced Spiral Ham Steamed Carrots / Roll Fresh Grapefruit Slices Whole / 1% Milk
<i>Banana Muffins</i> <i>Whole / 1% Milk</i>	<i>Ham Sandwich</i> <i>100% Pineapple Juice</i>	<i>Goldfish Crackers</i> <i>100% Apple Juice</i>	<i>WG Animal Crackers / String Cheese</i> <i>Milk, Variety</i>	<i>Graham Crackers / Yogurt</i> <i>Milk, Variety</i>
<i>Ritz Crackers</i> <i>Milk, Variety</i>	<i>Goldfish Crackers</i> <i>Milk, Variety</i>	<i>Teddy Graham Crackers</i> <i>Milk, Variety</i>	<i>Cheex-Mix</i> <i>Milk, Variety</i>	<i>Graham Crackers</i> <i>Milk, Variety</i>
<b>BREAKFAST</b> Cheerios / Diced Pears Whole / 1% Milk <b>LUNCH</b> Salisbury Steak Mashed Potatoes / Corn Pineapples / Wheat Roll Whole / 1% Milk	<b>BREAKFAST</b> Hashbrowns / Peaches Whole / 1% Milk <b>LUNCH</b> Spaghetti w/Beef Romaine Salad w/ Italian Mixed Fruit Whole / 1% Milk	<b>BREAKFAST</b> Cheese Toast / Grapefruit Whole / 1% Milk <b>LUNCH</b> Alfredo Chicken w/Pasta Steamed Carrots Fresh Orange Whole / 1% Milk	<b>BREAKFAST</b> Pancakes / Pineapples Whole / 1% Milk <b>LUNCH</b> Ground Beef Casserole Mixed Vegetables Fruit Cocktail Whole / 1% Milk	<b>BREAKFAST</b> Waffles / Mandarin Oranges Whole / 1% Milk <b>LUNCH</b> Honey Ham on Wheat Broccoli Florets Mixed Fruit Whole / 1% Milk
<i>Crackers / Watermelon Cubes</i> <i>Milk, Variety</i>	<i>WG Animal Crackers / Yogurt</i> <i>Milk, Variety</i>	<i>WG Cheezits Snack Crackers</i> <i>100% Apple Juice</i>	<i>Whole Wheat Graham Crackers</i> <i>Whole / 1% Milk</i>	<i>WG Goldfish Snack Crackers</i> <i>100% Pineapple Juice</i>
<i>Townhouse Crackers</i> <i>Milk, Variety</i>	<i>Ritz Crackers</i> <i>Milk, Variety</i>	<i>Saltine Crackers</i> <i>Milk, Variety</i>	<i>Non-Saltine Crackers</i> <i>Milk, Variety</i>	<i>Teddy Graham Snack Crackers</i> <i>Milk, Variety</i>
<b>BREAKFAST</b> French Toast / Diced Pears Whole / 1% Milk <b>LUNCH</b> Baked Chicken Tenderloins Turnip Greens / Cornbread Pineapples / Cornbread Whole / 1% Milk	<b>BREAKFAST</b> Blueberry Muffins / Pears Whole / 1% Milk <b>LUNCH</b> Sloppy Joe Sandwich Baked Fries Mixed Fruit Whole / 1% Milk	<b>BREAKFAST</b> Cheerios / Grapefruit Whole / 1% Milk <b>LUNCH</b> Boston Butt Roast Baked Beans / Roll Fresh Oranges / Wheat Roll Whole / 1% Milk	<b>BREAKFAST</b> Pancakes / Pineapples Whole / 1% Milk <b>LUNCH</b> Turkey Sandwich on Wheat Baked Sweet Potatoes Fruit Cocktail / Roll Whole / 1% Milk	<b>BREAKFAST</b> Oatmeal / Mandarin Oranges Whole / 1% Milk <b>LUNCH</b> Sliced Spiral Ham Steamed Carrots / Roll Fresh Grapefruit Slices Whole / 1% Milk
<i>Banana Muffins</i> <i>Whole / 1% Milk</i>	<i>Ham Sandwich</i> <i>100% Pineapple Juice</i>	<i>Goldfish Crackers</i> <i>100% Apple Juice</i>	<i>WG Animal Crackers / String Cheese</i> <i>Milk, Variety</i>	<i>Graham Crackers / Yogurt</i> <i>Milk, Variety</i>
<i>Ritz Crackers</i> <i>Milk, Variety</i>	<i>Goldfish Crackers</i> <i>Milk, Variety</i>	<i>Teddy Graham Crackers</i> <i>Milk, Variety</i>	<i>Cheex-Mix</i> <i>Milk, Variety</i>	<i>Graham Crackers</i> <i>Milk, Variety</i>
<b>BREAKFAST</b> Cheerios / Diced Pears Whole / 1% Milk <b>LUNCH</b> Salisbury Steak Mashed Potatoes / Corn Pineapples / Wheat Roll Whole / 1% Milk	<b>True leaders always practice the three R's</b> <b>Respect for self</b> <b>Respect for others</b> <b>Responsibility for all their actions</b>			
<i>Crackers / Watermelon Cubes</i> <i>Milk, Variety</i>				
<i>Townhouse Crackers</i> <i>Milk, Variety</i>				

\* WG = Whole Grain