



# LITTLE DREAMERS CHILDCARE CENTER

## SEPTEMBER 2019 (Breakfast & Lunch)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
 LITTLE DREAMERS CLOSED	<b>BREAKFAST</b> English Muffins / Pears Whole / 1% Milk  <b>LUNCH</b> BBQ Meatballs Mashed Potatoes / Corn Wheat Roll / Mixed Fruit Whole / 1% Milk	<b>BREAKFAST</b> French Toast / Peaches Whole / 1% Milk  <b>LUNCH</b> Alfredo Bowtie Chicken Broccoli Florets Diced Pears Whole / 1% Milk	<b>BREAKFAST</b> WG Waffles / Blueberries Whole / 1% Milk  <b>LUNCH</b> Pinto Beans w/ Ground Beef Whole Wheat Roll Fruit Cocktail Whole / 1% Milk	<b>BREAKFAST</b> WG Cheerios / Pineapples Whole / 1% Milk  <b>LUNCH</b> Turkey on Wheat Baked Sweet Potato Sliced Strawberries Whole / 1% Milk
	<i>Townhouse Crackers</i> 100% Pineapple Juice <i>Goldfish Snack Crackers</i> Milk, Variety		<i>Cheeze it Crackers / Yogurt</i> Milk, Variety <i>Whole Wheat Crackers</i> Milk, Variety	
9	10	11	12	13
<b>BREAKFAST</b> French Toast / Banana Whole / 1% Milk  <b>LUNCH</b> Ground Beef Casserole Mixed Vegetables Pineapple Tidbits Whole / 1% Milk	<b>BREAKFAST</b> Grits / Grapefruit Slices Whole / 1% Milk  <b>LUNCH</b> Roly Poly Turkey Wrap Sweet Potato Fries Cantaloupe Slices Whole / 1% Milk	<b>BREAKFAST</b> WG Oatmeal / Peaches Whole / 1% Milk  <b>LUNCH</b> Kickin Chicken Breast Cabbage Greens / Cornbread Grapefruit Slices Whole / 1% Milk	<b>BREAKFAST</b> WG French Toast / Oranges Whole / 1% Milk  <b>LUNCH</b> BBQ Pulled Pork Bushes Baked Beans Sliced Strawberries Whole / 1% Milk	<b>BREAKFAST</b> Pancakes / Applesauce Whole / 1% Milk  <b>LUNCH</b> Chicken Tetrizzini Seasoned Green Beans Diced Peaches Whole / 1% Milk
<i>Saltine Crackers / Cheese Slice</i> Milk, Variety <i>Graham Crackers</i> Milk, Variety		<i>WG Animal Crackers</i> Whole / 1% Milk <i>Vanilla Wafers</i> Milk, Variety		<i>Banana Muffins w/ Orange Slice</i> Milk, Variety <i>Chicken 'N' Biscuit Crackers</i> Milk, Variety
<i>Turkey Sandwiches</i> 100% Apple Juice <i>Graham Crackers</i> Milk, Variety		<i>Gingerbread Man</i> Whole / 1% Milk <i>Ritz Crackers</i> Milk, Variety		
16	17	18	19	20
<b>BREAKFAST</b> Blueberry Muffins / Mixed Fruit Whole / 1% Milk  <b>LUNCH</b> Beef w/ Spanish Rice Seasoned Green Beans Diced Pears Whole / 1% Milk	<b>BREAKFAST</b> English Muffins / Pears Whole / 1% Milk  <b>LUNCH</b> BBQ Meatballs Mashed Potatoes / Corn Wheat Roll / Mixed Fruit Whole / 1% Milk	<b>BREAKFAST</b> French Toast / Peaches Whole / 1% Milk  <b>LUNCH</b> Alfredo Bowtie Chicken Broccoli Florets Diced Pears Whole / 1% Milk	<b>BREAKFAST</b> WG Waffles / Blueberries Whole / 1% Milk  <b>LUNCH</b> Pinto Beans w/ Ground Beef Whole Wheat Roll Fruit Cocktail Whole / 1% Milk	<b>BREAKFAST</b> WG Cheerios / Pineapples Whole / 1% Milk  <b>LUNCH</b> Turkey on Wheat Baked Sweet Potato Sliced Strawberries Whole / 1% Milk
<i>Whole Wheat Crackers &amp; Apples</i> Milk, Variety <i>Chicken 'N' Biscuit Crackers</i> Milk, Variety		<i>Townhouse Crackers</i> 100% Pineapple Juice <i>Goldfish Snack Crackers</i> Milk, Variety		<i>Cheeze it Crackers / Yogurt</i> Milk, Variety <i>Whole Wheat Crackers</i> Milk, Variety
<i>Goldfish Crackers / String Cheese</i> Milk, Variety <i>Pretzel Sticks</i> Milk, Variety		<i>Gingerbread Man</i> Whole / 1% Milk <i>Graham Crackers</i> Milk, Variety		
23	24	25	26	27
<b>BREAKFAST</b> WG English Muffin / Banana Whole / 1% Milk  <b>LUNCH</b> Ground Beef Casserole Kernel Corn Pineapple Tidbits Whole / 1% Milk	<b>BREAKFAST</b> Grits / Grapefruit Slices Whole / 1% Milk  <b>LUNCH</b> Roly Poly Turkey Wrap Sweet Potato Fries Cantaloupe Slices Whole / 1% Milk	<b>BREAKFAST</b> WG Oatmeal / Peaches Whole / 1% Milk  <b>LUNCH</b> Kickin Chicken Breast Cabbage Greens / Cornbread Pineapple Tidbits Whole / 1% Milk	<b>BREAKFAST</b> WG French Toast / Oranges Whole / 1% Milk  <b>LUNCH</b> Chicken Salad w/ Crackers Romaine Salad Applesauce Whole / 1% Milk	<b>BREAKFAST</b> Pancakes / Applesauce Whole / 1% Milk  <b>LUNCH</b> Chicken Tetrizzini Seasoned Green Beans Diced Peaches Whole / 1% Milk
<i>Saltine Crackers / Cheese Slice</i> Milk, Variety <i>Graham Crackers</i> Milk, Variety		<i>WG Animal Crackers</i> Whole / 1% Milk <i>Vanilla Wafers</i> Milk, Variety		<i>Banana Muffins w/ Orange Slice</i> Milk, Variety <i>Chicken 'N' Biscuit Crackers</i> Milk, Variety
<i>Turkey Sandwiches</i> 100% Apple Juice <i>Graham Crackers</i> Milk, Variety		<i>Gingerbread Man</i> Whole / 1% Milk <i>Ritz Crackers</i> Milk, Variety		
30				
<b>BREAKFAST</b> Blueberry Muffins / Mixed Fruit Whole / 1% Milk  <b>LUNCH</b> Beef w/ Spanish Rice Seasoned Green Beans Diced Pears Whole / 1% Milk	 <b>Little Dreamers</b>			
<b>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</b>				
<i>Whole Wheat Crackers &amp; Apples</i> Milk, Variety <i>Chicken 'N' Biscuit Crackers</i> Milk, Variety				